

Title of Proposed Rule: Creating A Special Activities Section and Deleting Them From Individual Sections

Rule-making#: 07-1-10-2

Program: Office of Children,
Youth, and Family Services/
Division of Child Care

Rule Author: Dana Andrews

Phone: 303-866-5946

STATEMENT OF BASIS AND PURPOSE

Summary of the basis and purpose for the rule or rule change. *(State what the rule says or does, explain why the rule or rule change is necessary and what the program hopes to accomplish through this rule.)*

This rule change will consolidate the Special Activity rules for School-Age Child Care Centers, Residential Child Care Facilities, and Children's Resident Camps into one central location. The special activity sections currently in those sections will be deleted. This will make it much easier to update the special activities rules. The individual special activities were reviewed with experts in resident camping and day camping, then updated to be current with industry standards.

An emergency rule-making (which waives the initial APA noticing requirements) is necessary:

<input type="checkbox"/>
<input type="checkbox"/>

to comply with state/federal law and/or

to preserve of the public health, safety and welfare

Explain:

Authority for Rule:

State Board Authority:

26-1-107, C.R.S. (2006) - State Board to promulgate rules; 26-1-109, C.R.S. (2006) - State Board rules to coordinate with federal programs; 26-1-111, C.R.S. (2006)- State Board to promulgate rules for public assistance and welfare activities.

Program Authority: *(give federal and/or state cite and a summary of the language authorizing the rule-making)*

26-6-106, C.R.S. (2006) – standards for facilities and agencies.

Does the rule incorporate material by reference?

<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No

Does this rule repeat language found in statute?

If yes, please explain.

Initial Review _____ 03/09/2007 _____ Final Adoption _____ 04/06/2007 _____

Proposed Effective Date 06/01/2007 EMERGENCY Adoption _____ n/a _____

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STATEMENT OF BASIS AND PURPOSE (continued)

State Board Administration will send this rule-making package to CCI, OSPB and the JBC. The program has sent this rule-packet to which stakeholders?

Day Camp Taskforce;
Children's Resident Camp Rule Review Committee

Attachments:
Regulatory Analysis
Overview of Proposed Rule
Stakeholder Comment Summary

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REGULATORY ANALYSIS

(complete each question; answers may take more than the space provided)

1. List of groups impacted by this rule:

Which groups of persons will benefit, bear the burdens or be adversely impacted by this rule?

School-Age Child Care Centers, Residential Child Care Facilities, and Children's Resident Camps will benefit by having the Special Activities rules in one central location so that the rules can be updated regularly and kept current with changes in industry standards.

2. Describe the qualitative and quantitative impact:

How will this rule-making impact those groups listed above? How many people will be impacted? What are the short-term and long-term consequences of this rule?

School-Age Child Care Centers, Residential Child Care Facilities, and Children's Resident Camps will be impacted by having a separate set of special activity rules that are current and up-to-date with current industry standards. The short term consequence is that the consolidated special activity rules will be approved before the summer 2007 season. This is important because of all the special activities that occur in the summer with these facilities. This will impact 1089 facilities and approximately 77,000 children.

3. Fiscal Impact:

For each of the categories listed below explain the distribution of dollars; please identify the costs, revenues, matches or any changes in the distribution of funds even if such change has a total zero effect for any entity that falls within the category. If this rule-making requires one of the categories listed below to devote resources without receiving additional funding, please explain why the rule-making is required and what consultation has occurred with those who will need to devote resources.

State Fiscal Impact *(Identify all state agencies with a fiscal impact, including any CBMS change request costs required to implement this rule change)*

There is no fiscal impact to the state.

County Fiscal Impact

There is no fiscal impact to the counties.

Federal Fiscal Impact

There is no federal fiscal impact.

Other Fiscal Impact *(such as providers, local governments, etc.)*

There will be some minor fiscal impact to School-Age Child Care Centers, Residential Child Care Facilities, and Children's Resident Camps to meet any of the updated standards. The fiscal impact should be minimal.

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REGULATORY ANALYSIS (continued)

4. Data Description:

List and explain any data, such as studies, federal announcements, or questionnaires, you relied upon when developing this rule?

5. Alternatives to this Rule-making:

Describe any alternatives that were seriously considered. Are there any less costly or less intrusive ways to accomplish the purpose(s) of this rule? Explain why the program chose this rule-making rather than taking no action or using one of the listed alternatives.

No other alternative was considered. It is very difficult to keep the special activity rules current and up-to-date when they are located in three separate sections. Having these rules consolidated into one document will make it much easier for providers and for State staff enforcing the rules.

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OVERVIEW OF PROPOSED RULE

Compare and/or contrast the content of the current regulation and the proposed change.

<u>Section Numbers</u>	<u>Current Regulation</u>	<u>Proposed Change</u>	<u>Stakeholder Comment</u>			
7.705.22, G-P	Residential Child Care Facilities, special activities sections	Incorporated into Section 7.719, et seq.	<u> </u>	Yes	<u> X </u>	No
7.711.3-7.711.42	Children's Resident Camps, Special Activities	Moved entire section to 7.719, et seq.	<u> </u>	Yes	<u> X </u>	No
7.712.64 through 7.712.66	School-Age Child Care Centers, special activities sections	Incorporated into Section 7.719, et seq.	<u> </u>	Yes	<u> X </u>	No
7.719 through 7.719.81	New	Incorporation of all special activities sections	<u> X </u>	Yes	<u> </u>	No

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STAKEHOLDER COMMENT SUMMARY

The following individuals and/or entities were contacted and informed that this rule-making was proposed:

Day Camp Taskforce;
Children's Resident Camp Rule Review Committee

Comments were received from stakeholders on the proposed rule-making:

Yes No

If "yes", please summarize and/or attach the feedback you received:

1. Change climbing supervision ratio to 1:6 or 2:13.
 2. Change 7.719.22,B to allow for a "boating supervisor" or "equally qualified staff member who has been trained by the boating supervisor" to be present at each boating activity.
 3. Change 7.719.81,B to allow a "bicycling supervisor" or "equally qualified staff member" to accompany each bike trip.
 4. Change 7.719.22,A,3 to allow basic small craft instructor to be qualified with either a small craft safety or paddle safety certificate.
 5. Change 7.719.61,A to allow the climbing supervisor to have documented experience including knots, anchors, safety zones, verbal signals, belaying, repelling and safe tie-ins or experience from a recognized organization.
-
1. Revise 7.719 to indicate that these special activities regulations apply to children's resident camps, school-age child care centers, and residential child care facilities.
 2. Revise 7.719.1,J to clarify what staff to child ratio shall apply to special activities.
 3. Revise 7.719.21,B to clarify that the life guard does not count in the staff to child ratio.

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7.705.22 Recreation and Leisure Activities (continued)

- 2) There shall be a first aid kit which contains equipment relevant to the type of injuries which might be sustained in a specific activity and which is located at the site of the activity. There shall be a person holding at least an American Red Cross First Aid/CPR/AED Certificate for schools and communities or equivalent at the site of the activity when the activity is in progress.
- 3) As part of the orientation to the activity, the program staff shall explain to the child any risk factor involved in a special activity. The child shall then have the opportunity to decline his/her participation in that specific activity. In the case of an activity with extreme risks, the parent or guardian shall be advised and have the opportunity to refuse the child's participation.

~~G. If the facility participates in swimming, the following regulations must be met:~~

- ~~1. When residents are engaged in a swimming activity, there shall be at the pool or swimming area a swimming supervisor who, at a minimum, holds a current American Red Cross Life Guard Training Certificate or equivalent for each thirty participants in the water, at least one staff member for each ten participants in the water, and additional staff to meet the special needs of the children. If the facility is offering swimming instruction, the swimming supervisor must also hold an American Red Cross Water Safety Instructor Certificate or equivalent.~~
- ~~2. If the facility has its own pool, the swimming area shall meet the standards of the Colorado Department of Public Health and Environment or its local unit, and be off limits when appropriate numbers of staff members are not present. Safety rules and emergency procedures shall be posted at the pool.~~
- ~~3. If the facility uses a pool for which it is not responsible, the facility need not provide a lifeguard if there is a qualified lifeguard provided by the pool. If the pool does not provide a qualified lifeguard, staff members meeting qualifications stated at Section 7.705.22, G, 1, must be provided by the facility. There shall be at least one staff member at the pool for each ten participants in the water.~~
- ~~4. If participants are permitted to swim in a lake, the swimming areas shall be clearly designated.~~
- ~~5. Regulations governing the activity shall be explained to the participants prior to their participation.~~
- ~~6. Before participants are permitted to swim in deep water, swimming skills shall be tested by properly trained staff members.~~

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7.705.22 ~~Recreation and Leisure Activities (continued)~~

- ~~7. There shall be a system known to children and lookout staff for checking the swimmers when they are in the water.~~
- ~~8. The following equipment shall be made available at the pool side or the lake shore in which swimming is permitted:~~
- ~~a. A rescue tube~~
- ~~b. A reach pole~~
- ~~c. A backboard~~
- ~~9. Where the size of the body of water makes it impossible to reach victims by reach pole, rescue tube or rescue device, a rescue boat must be available at all times.~~
- ~~10. In the case of a back-country trip, there shall be a minimum of one staff member who holds a current American Red Cross lifeguard training certificate or equivalent who is responsible for all shoreline, wading, or swimming activities.~~
- ~~H. If the facility participates in boating/canoeing/sailing, the following regulations shall be met:~~
- ~~1. The boating supervisor shall hold, as a minimum, a current American Red Cross lifeguard training certificate or equivalent and a basic small craft certificate for the type of craft which is to be supervised, or the boating supervisor shall have at least forty hours of experience in the craft to be supervised.~~
- ~~2. Other staff members shall have at least twenty hours of previous experience in the craft to be utilized.~~
- ~~3. Whenever participants are on the water, they shall be wearing a United States Coast Guard approved personal flotation device appropriate to the weight of the child.~~
- ~~4. There shall be a minimum of two lookout staff members at the shoreline and/or on the water at any time when participants are on the water in boating, canoeing or sailing activities. Hazards such as the size of the lake, the skill of the participants, the conditions of the water, and the temperature of the water shall be taken into account by the supervisor of the activity when determining the number of lookout staff necessary with the participants, but there shall never be fewer staff with the participants than those required at Section 7.705.45.~~
- ~~5. The swimming ability of each participant in the boating program shall be known. The boating supervisor shall determine if a staff member must be in the boat with the child.~~

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7.705.22 ~~Recreation and Leisure Activities (continued)~~

- ~~6. There shall be a staff member in any boat that holds one or more six or seven-year old children.~~
- ~~7. At no time shall the occupancy of the craft exceed the capacity established for the craft by the United States Coast Guard standards.~~
- ~~8. There shall be a warning device such as a loud whistle, airhorn or other audible signal device, which can readily be heard by persons in the boats which shall indicate need for them to return to the shore.~~
- ~~9. Where the size and depth of the body of water indicates, there shall be a rescue boat in close proximity to where boating activities take place. This rescue boat shall be in good repair and shall contain a rescue tube and a reach pole or extra oar or paddle.~~
- ~~10. Water craft shall not enter a swimming area when swimmers are in the water.~~
- ~~11. Tubing shall be permitted only in quiet waters. Each inflatable tube shall have a minimum of two air chambers.~~
- ~~I. If the facility participates in horseback riding, the following rules shall be met:~~
- ~~1. The horseback riding supervisor shall have completed at least one of the following:~~
- ~~a. Certificate from nationally recognized organization or riding school~~
- ~~b. Written verification of successful experience in formal horseback riding instruction~~
- ~~c. Wrangler of a private stable~~
- ~~2. The horseback riding supervisor shall train a sufficient number of riding staff members in the supervision of children in the horseback riding program for the anticipated size of the program.~~
- ~~3. Riding staff members shall be trained in the supervision of children in the horseback riding program and emergency procedures. Riding staff shall be trained in health, safety, and care of animals.~~
- ~~4. There shall be a trained riding staff member assigned for every ten (10) riders for each trail excursion and a minimum of two trained riding staff members shall accompany each excursion, one of which holds a current American Red Cross First Aid/CPR/AED Certificate for schools and communities or equivalent.~~

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7.705.22 ~~Recreation and Leisure Activities (continued)~~

- ~~5. If the horseback ride is more than one hour from emergency medical services, at least one staff member shall be trained in wilderness first aid training.~~
- ~~6. There must be supervision by the horseback riding supervisor or a trained riding staff member whenever the resident participates in horseback riding.~~
- ~~7. The riding supervisor shall determine the participant's riding experience and level of skill and take these into account in assigning horses and determining the type of riding activity. Participants shall be given instruction in basic safety, which shall include at least the following; riding rules in the ring and on the trail and how to approach, mount and dismount.~~
- ~~8. No person is allowed in the riding area unless the horseback supervisor or a trained riding staff member is present.~~
- ~~9. Participants shall be appropriately dressed for riding, which shall include shoes or boots, snug clothing, and long pants. Bare feet and loose clothing are prohibited. The riding supervisor must evaluate the footgear of each child and make the stirrups safe for each child's shoe or boot.~~
- ~~10. Protective headgear/helmets are mandatory for ring riding and trail rides.~~
- ~~11. The equipment shall be in good condition, properly sized and adjusted for each rider.~~
- ~~12. If the facility owns horses, the following shall be met:

 - ~~a. The horse barn or stable, ring and commonly used trail(s) shall be in good repair and free of dangerous obstructions.~~
 - ~~b. Horses shall be cared for with evidence of an adequate feeding schedule and a means to care for sick horses.~~
 - ~~c. Barns, stables, corrals or other structures used to house horses and/or other animals shall be located at least 50 feet from any sleeping, eating or food preparation area.~~
 - ~~d. Manure shall be removed frequently enough to keep fly, mosquito, and rodent populations at a minimum.~~
 - ~~e. Horses shall not be permitted in the other activity areas.~~~~

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~~J. If the facility participates in trampoline, the following regulations shall be met:~~

- ~~1. The trampoline supervisor shall have documented formal training and experience in use of trampoline and knowledge of safety and spotting techniques.~~
- ~~2. The facility shall have and follow a written policy which states what type of jumps children can take on the trampoline and permits or denies the dual use of the trampoline.~~
- ~~3. Trampolines shall be equipped with pads along the sides and a safety line. Trampoline and equipment shall be kept in good repair.~~
- ~~4. Trampolines shall be secured from unauthorized use.~~
- ~~5. For beginners, there shall be only one participant on the trampoline at a time. Any participant shall dismount the trampoline by sitting on the edge and sliding off. No participant shall jump off the trampoline.~~
- ~~6. Horseplay is prohibited.~~
- ~~7. Spotters shall be trained by a staff member of the facility who knows spotting techniques.~~
- ~~8. Spotters shall be posted on all four sides of each trampoline at any time trampoline is in use. Spotters shall not stand, sit, or lie on trampoline, but shall stand in a position of readiness, watching the jumper at all times.~~
- ~~9. No child shall be on the trampoline unless a trampoline supervisor is present.~~

~~K. If the facility participates in white water rafting on Class III and IV waters, as defined by the International Scale of River Difficulty, the following regulations shall be met:~~

- ~~1. If a facility operates white water rafting, the facility must be licensed by the Division of Parks and Outdoor Recreation as a river outfitter.~~
- ~~2. If a facility provides a white water rafting experience by purchase from a river outfitter, the license of the river outfitter must be valid.~~
- ~~3. Food storage shall be adequate to keep food dry and large enough to store food for the number of participants and the length of the trip.~~
- ~~4. Waterproof dunnage bags shall be provided for passengers and shall be secured to the raft.~~
- ~~5. Each passenger on the raft shall wear a United States Coast Guard approved personal flotation device.~~

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~~7.705.22 Recreation and Leisure Activities (continued)~~

- ~~6. Anytime a participant is to be near the water, the participant shall wear an approved United States Coast Guard approved personal flotation device.~~
- ~~7. A child shall be at least twelve (12) years old and fifty (50) pounds to ride a paddle raft in a Class III river. A child shall be at least fourteen (14) years of age to ride a paddle raft in a Class IV river.~~
- ~~8. A child shall be at least ten (10) years old and fifty (50) pounds to ride an oar raft in a Class III river. A child shall be at least fourteen (14) years old to ride an oar raft in a Class IV river.~~
- ~~L. If the facility participates in hiking or backpacking activities, the following regulations shall be complied with:

 - ~~1. The hiking or backpacking supervisor must be at least 21 years old, shall hold a current American Red Cross First Aid/CPR/AED Certificate for schools and communities or equivalent, and shall have verifiable experience leading a group in hiking or backpacking at the elevation, terrain and climate where the hike is to take place. The supervisor must have knowledge about contingency planning, use of equipment, search and rescue, map and compass, frostbite, dehydration, hypothermia, and altitude sicknesses.~~
 - ~~2. The staff members involved in hiking or backpacking shall:

 - ~~a. Be trained by the supervisor.~~
 - ~~b. Have knowledge of symptoms of hypothermia, dehydration, frostbite and altitude sickness and correct treatment procedures; and,~~
 - ~~c. Continually observe and monitor children on the trail for early diagnosis and treatment.~~~~
 - ~~3. The hiking or backpacking supervisor shall consider the hiker's age, physical condition and experience, as well as the season, weather trends, evacuation and communication, water quality and quantity in selecting the area for hiking or backpacking.~~
 - ~~4. Before participation in a hiking or backpacking activity, the participant shall be instructed at least on:

 - ~~a. The fundamental safety procedures on the trail;~~
 - ~~b. Procedures for a hiker if he/she becomes lost;~~
 - ~~c. Proper health and sanitation procedures on the trail, including the need for drinking fluids and eating appropriate foods while on the trail;~~~~~~

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- ~~d. Rules governing land to be hiked over;~~
- ~~e. Potential high-risk areas which may be found on the trail;~~
- ~~f. Fire danger precautions, flash floods, lightening dangers; and,~~
- ~~g. Procedures when encountering wild animals.~~
- ~~5. Each backpacker shall be equipped with protective clothing against natural elements such as rain, snow, wind, cold, sun, and insects.~~
- ~~6. First aid supplies, put together by a person knowledgeable in First Aid supplies needed for hiking and backpacking activities and possible accidents and/or injuries, shall be present on each hike or backpacking trip. The contents of each kit shall be adequate for the number of participants, the terrain, and the length of the hike.~~
- ~~7. An itinerary of the hiking or backpacking trip and a list of all people on the hike or backpacking trip must be kept at the facility.~~
- ~~8. The facility must have written safety procedures for hiking and backpacking, including the written protocol for evacuating a child that becomes sick or injured while participating on the trip. Staff and children must be trained on the safety procedures and protocol.~~
- ~~M. If the facility participates in camping, the following rules shall be complied with:~~
 - ~~1. There shall be a day-to-day itinerary prepared prior to departure. The residential child care facility headquarters shall keep a copy of the itinerary. The itinerary shall be followed as closely as possible. The residential child care facility shall be notified of any itinerary change when possible.~~
 - ~~2. An itinerary shall be filed or an arrangement shall be made with national or state forest service office if such land is to be used by the facility. The director shall familiarize the staff and campers with rules governing the use of such property. If the participants will travel on private land, an agreement shall be made with the individual responsible for that land.~~
 - ~~3. Sources of emergency care and methods of communication with such facilities as hospitals, police, and forest service offices shall be identified for each point on the itinerary.~~
 - ~~4. The statement which has been signed by the parent or guardian, indicating that the facility staff may obtain emergency medical care, shall be in the possession of staff members accompanying the participants or shall be readily accessible.~~
 - ~~5. Adequate shelter, such as tents, shall be available for each child.~~

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~~7.705.22 Recreation and Leisure Activities (continued)~~

- ~~6. Reasonable insulation shall be provided from cold/ dampness by means of such things as a ground cloth or insulate pad.~~
- ~~7. If the campsite is not provided with privies or other type toilets, there shall be separate designated areas for each gender for toilet use.~~
- ~~8. Hand washing facilities shall be positioned in close proximity to the toilet areas.~~

~~N. Winter Sports~~

~~If the facility participates in Nordic skiing (cross-country), the following rules shall be complied with:~~

- ~~1. The skiing supervisor must be at least 21 years old and shall have some verified experience leading a group in skiing at the elevation and terrain where the skiing is to take place. The supervisor must have knowledge about contingency planning, use of equipment, search and rescue, avalanche training, frostbite, hypothermia, and altitude sicknesses.~~
- ~~2. Each skier shall be equipped with protective clothing against natural elements such as cold, sun, wind, and snow.~~
- ~~3. Before participation, the participant shall be instructed about, at least, the fundamental trail safety procedures for a skier if he/she becomes lost, and potential high risk areas which may be found on the trail.~~

~~O. If the facility participates in other winter recreational activities, the following rules shall be complied with:~~

- ~~1. The supervisor of the activity shall have some verified experience leading a group in the activity.~~
- ~~2. Appropriate equipment and clothing shall be provided for the activity.~~
- ~~3. Appropriate safety precautions shall be observed.~~

~~P. Other Special Activities~~

~~If the facility participates in special activities other than those for which regulations are found in this section, the facility shall follow a written policy which includes at least the following:~~

- ~~1. The qualifications of the supervisor of the activity.~~
- ~~2. The qualifications of any other staff members necessary for proper supervision of the activity.~~
- ~~3. The number of necessary staff members needed to supervise the activity.~~

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~~7.705.22 Recreation and Leisure Activities (continued)~~

- ~~4. Conditions under which a person may participate in the activity, such as age of or skill of the child.~~
- ~~5. Any special equipment necessary, its supply, and condition.~~

7.705.3 PERSONAL CARE OF THE CHILD

7.705.31 Medical and Health Services

Rev. eff. 11/1/98 Administration of any medication at the facility shall be done only by a person licensed and authorized by law or staff member having passed a Colorado Department of Public Health and Environment approved competency evaluation for medication administration, verification of which is maintained in the staff member's personnel file.

7.705.32 Food and Nutrition

- Rev. eff. 11/1/98
- A. Menus shall be planned at least one week at a time, shall be dated, posted and filed for at least one month.
 - B. If menus are not prepared by a qualified nutritionist or dietitian, there shall be review and approval by a qualified nutritionist or dietitian at least quarterly.
 - C. Water shall be readily accessible to children by means of an approved water fountain or single-service cups.

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7.711.42

7.711.5 CHILD CARE

7.711.51 Health Care

- Rev. eff. 10/1/03
- A. The camp health program shall be under the supervision of an individual qualified as stated at Section 7.711.22, B.
 - B. At the time of admission, each camper shall furnish a health history which indicates communicable diseases and serious illnesses or operations the individual has had, any known drug reactions and allergies, medications being taken, and any necessary special diets at the time of camp admission.
 - C. The camper shall present a statement confirming a physical examination which has been performed within the preceding twenty-four months by a licensed physician or qualified, licensed nurse practitioner. The physician or nurse practitioner shall be asked to inform the camp as to any physical problems which would limit the camper's activity, any special care which the child will need, and include a record of up-to-date immunizations which the child has had, including the date of the last tetanus shot.
 - D. If the camper wishes an exemption from a statement confirming a physical examination and immunizations due to religious beliefs, the camper shall submit a written statement, signed by the camper's parents or legal guardian, which states the reason for such an exemption and that the individual is in good health. The camp has the right to refuse the admission of a child who has no statement from a physician or nurse practitioner.

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COLORADO DEPARTMENT OF HUMAN SERVICES
STAFF MANUAL VOLUME 7
SOCIAL SERVICES

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7.712.64 ~~Special Activities Staff~~

~~Rev. eff. 11/1/98 A. If the center engages in special activities away from the child care facility, the staff member responsible for the activity must possess evidence of appropriate experience, training, and/or certification in the program specialty. Verification of experience and/or certification must be in the staff member's personnel file at the headquarters of the center. This staff member must be present whenever the activity is being carried out unless otherwise indicated in these regulations.~~

~~B. The qualified supervising staff member of special activities has the following duties:~~

- ~~1. Direct training of other staff members working in the activity.~~
- ~~2. Assign duties to staff members.~~
- ~~3. Assure that all staff members supervising the activity are actively participating in the supervision of children.~~
- ~~4. Assure that all necessary equipment is complete, in good repair, and safe to use.~~
- ~~5. Assure that environmental hazards are not severe enough to cause danger to participating children.~~

7.712.65 ~~Special Activities~~

~~A. Swimming~~

~~Rev. eff. 11/1/01 1. If the center uses a public or private pool for which the center is not responsible, the center need not provide a lifeguard if a qualified lifeguard is provided by the pool. Necessary staff supervision as listed at Section 7.712.43 must be maintained, and the lifeguard must not be counted in the staff to child ratio.~~

~~Rev. eff. 11/1/98 2. If the public or private pool does not provide a qualified lifeguard, staff members meeting qualifications as stated at Section 7.712.65, A, 3, a, must be provided by the center.~~

~~a. There must be at least 1 school-age child care staff member at the pool for each 10 or fewer school-age children.~~

~~b. Swimming area rules and emergency procedures must be posted at the swimming area and explained to the children.~~

~~c. Swimming is prohibited when fewer than the required qualified staff members are present.~~

~~3. If the center uses a swimming area at a lake or pond, swimming area rules and emergency procedures must be posted at the swimming area and explained to the children.~~

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7.712.65 ~~Special Activities (continued)~~

- ~~a. A swimming supervisor must be present who, as a minimum, holds a current American Red Cross lifeguard training certificate or equivalent certification from a group such as the YMCA or Boy Scouts.~~
- ~~b. One additional staff member who holds at least an American Red Cross lifeguard training certificate or equivalent must be present at the swimming area for each 30 additional school-age children in the water.~~
- ~~c. At least 1 school-age child care staff member must be at the swimming area for each 10 or fewer school-age children present.~~
- ~~d. Swimming is prohibited when fewer than the required qualified staff members are present.~~
- ~~e. Swimming areas must be clearly designated.~~
- ~~4. The swimming pool or swimming area must meet the standards of the Colorado Department of Public Health and Environment or its local unit.~~
- ~~5. Before children are permitted to swim in water deeper than shoulder height, their swimming skills must be tested by staff members who hold an American Red Cross lifeguard training certificate or equivalent.~~
- ~~6. Child care staff must directly supervise and monitor all children while at the swimming area. Supervision must include monitoring children for exhaustion, distress, sunburn, heatstroke, and threat of drowning.~~
- ~~7. The following equipment must be available for use at the pool side or the lake shore where swimming is permitted:~~
- ~~a. A buoy or a lemon line; and~~
- ~~b. Reach pole; and~~
- ~~c. Backboard.~~
- ~~8. If swimming is permitted in a lake or a pond, a rescue boat equipped with a reach pole and a lemon line or a buoy must be available at all times.~~
- ~~9. If a center has shoreline activities such as wading, fishing, ecology, or nature studies, the center must have a written policy that defines qualifications of persons accompanying the group and safety guidelines to be followed. Staff members must be acquainted with the policy.~~

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7.712.65 ~~Special Activities (continued)~~~~B. Boating/Canoeing/Sailing~~

- ~~1. The boating supervisor must hold, as a minimum, an American Red Cross basic lifeguarding certificate or equivalent and a basic small craft certificate for the type of craft to be supervised, or the boating supervisor must have at least 6 hours of experience in the craft to be supervised.~~
- ~~2. Other staff members involved in these activities must have at least 6 hours of experience in the type of craft to be used.~~
- ~~3. Whenever children are on the water they must wear a personal flotation vest approved by the United States Coast Guard that is appropriate to the weight of the child.~~
- ~~4. A minimum of 2 staff members must be at the shoreline and/or in the water at any time when school-age children are on the water participating in boating, canoeing, or sailing activities. When determining the number and location of staff required, the activity supervisor must evaluate the lake size, conditions, and water temperature. The conditions must be safe for the age and skill level of the children participating in the lake or pond activities. The required staff ratios must be maintained at all times.~~
- ~~5. Staff members present at the shoreline and/or on the water at any time when school-age children are engaged in boating, canoeing, or sailing activities must know the swimming ability of each school-age child participating in the boating program.~~
- ~~6. There must be a staff member in any boat that holds one or more school-age children under 10 years of age.~~
- ~~7. At no time can the occupancy of the craft exceed the capacity established for the craft by the United States Coast Guard Standards.~~
- ~~8. There must be a warning device that can be readily heard or seen by persons in the crafts to indicate the need for the crafts to return to the shore/dock.~~
- ~~9. At the river or lake, a rescue boat must be in close proximity to the activity location. This rescue boat must be in good repair and contain a lemon line or buoy and reach pole, extra oar, or paddle.~~
- ~~10. Water craft must not enter a swimming area when swimmers are in the water.~~
- ~~11. Tubing is permissible only in calm waters.~~

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7.712.65 ~~Special Activities (continued)~~~~C. White Water Rafting~~

- ~~1. Rafting is permitted on Class III and IV rivers and rivers of less difficulty.~~
- ~~2. If the center offers white water rafting, it must be licensed by the Division of Parks and Outdoor Recreation as a river outfitter as required by state law.~~
- ~~3. If the center offers white water rafting through a river outfitter, the outfitter must have a valid river outfitter license.~~
- ~~4. The center must provide sufficient food storage to keep food dry and must store an adequate amount of food for the size of the raft and the length of the trip.~~
- ~~5. Waterproof dunnage bags must be provided for all passengers and must be secured to the raft.~~
- ~~6. Children must wear a life vest any time they are near the water or in the raft.~~
- ~~7. Children must be at least 12 years old to ride a paddle raft in a Class III river. Children must be at least 14 years old to ride a paddle raft in a Class IV river.~~
- ~~8. Children must be at least 12 years old to ride an oar raft in a class III river or a river of less difficulty. Children must be at least 14 years old to ride an oar raft in a Class IV river.~~

~~D. Archery~~

- ~~1. The archery supervisor must be an experienced archer.~~
- ~~2. Archery rules and procedures must be posted and explained to all archers.~~
- ~~3. Instruction on the use of the bows and arrows must be presented to the school-age children prior to the use of the archery range.~~
- ~~4. The archery range must be free from hazards and well marked. There should be a clear path to the target unobstructed by such things as rocks, trees, and branches and away from traffic, trails, and other activities.~~
- ~~5. Equipment must be maintained in safe condition. Bows and arrows should be inspected for fractures, splinters, and cracks. Damaged bows and arrows should not be used.~~
- ~~6. Equipment must be stored under lock and key when not in use, with bows and arrows stored separately. Bows and arrows should be used only in the specified archery area.~~

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7.712.65 ~~Special Activities (continued)~~

- Rev. eff. 7. All archers must use the same firing line. Arrows should be issued only
11/1/98 at the firing line.
- ~~8. Arrows must be nocked to bow string after shooters are on the firing line and after the signal to shoot has been given.~~
- ~~9. Before arrows are released, shooters must have a definite target.~~
- ~~10. All persons must stay behind the firing line until the signal to retrieve arrows is given. All arrows must be retrieved at the same time.~~
- Rev. eff. 11. If the center has field archery, a procedure must be established and
11/1/01 posted to provide for the safety of the archers, including issuance of arrows at check in point of the archery trail, check in of archers at the beginning of the archery trail, and check out when archers have completed the trail.

Rev. eff. E. Rifflery
11/1/98

- ~~1. The riflery supervisor must hold a Department approved firearm certificate or have equivalent verified experience approved by the Department.~~
- ~~2. The rifle range must be free from all hazards, away from other activities and traffic of all types, and well marked with danger signs or flags. All blind approaches must be fenced or blocked off.~~
- ~~3. The range must be constructed with an appropriately designed bullet stop so that all bullets will be stopped behind the targets. The bullet stop must be free of trees, rocks, boulders, and other objects that could cause a bullet to ricochet away from the bullet stop.~~
- ~~4. There must be a well defined firing line that is level with the targets and elevated off the ground. A minimum space of 5 feet between firing points must be established or firing points separated by a permanent divider.~~
- ~~5. Only the following types of guns are permitted:~~
- ~~a. .22 caliber rimfire, single shot, bolt action rifles having not less than a 3-pound trigger pull.~~
- Rev. eff. b. Pneumatic spring type and CO2 air guns, either .22 caliber or
11/1/01 .177 (BB size).

- Rev. eff. 6. Firearms must be maintained in proper condition by inspection before
11/1/98 and after usage, cleaning as necessary. Firearms that do not function properly must be repaired and tested before use. Firearms with fouled or pitted barrels must be repaired before use.

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~~7.712.65 Special Activities (continued)~~

- ~~7. Instruction on the use of firearms must be presented to the children prior to the use of the rifle range.~~
- ~~8. No more than 5 cartridges at a time can be issued to a child by the responsible staff member and only at the firing line.~~
- ~~9. Firing is permitted only at the firing line. Observers must remain behind the firing line.~~
- ~~10. Actions of uncased firearms must be kept open except when on the firing line ready to fire.~~
- ~~11. All firearms must be unloaded immediately upon the command "cease firing." Actions must remain open until further commands are given.~~
- ~~12. On ranges where shooters must go down range to change targets and score, movement must be controlled by a responsible staff member.~~
- ~~13. All shooters must police their brass when they have completed their firing.~~

~~F. Trampolines~~

- ~~1. The trampoline supervisor must have formal training and experience in use of the trampoline and knowledge of safety and spotting techniques.~~
- ~~2. Trampolines must be equipped with pads along the sides and kept in good repair.~~
- ~~3. Use of the trampoline is prohibited when there is no trampoline supervisor present.~~
- ~~4. Trampolines must be secured from unauthorized use.~~
- ~~5. Only one child is allowed on a trampoline at any one time, regardless of the size of the trampoline.~~
- ~~6. Spotters must be posted on all four sides of each trampoline at all times. Spotters must not stand, sit, or lie on the trampoline, but must stand in a position of readiness, watching the jumper at all times.~~
- ~~7. Children must dismount the trampoline by sitting on the edge and sliding off. They must not be allowed to jump off the trampoline.~~

~~G. Hiking & Camping~~

- ~~1. The hiking or camping supervisor must be at least 21 years of age and hold a current Department-approved first aid and safety certificate that includes CPR for all ages of children.~~

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- Rev. eff. ~~11/1/98~~ 2. ~~At least 2 staff members must accompany a group on hikes and camping trips. At least 1 staff member who accompanies the group must hold a current Department approved first aid and safety certificate that includes CPR for all ages of children.~~
- ~~3. In selecting the area for hiking or camping, the hiking or camping supervisor must consider the hiker's age, physical condition, and experience, as well as the season, weather trends, methods of evacuation and communication, and water quality and quantity.~~
- ~~4. Before participation, children must be instructed on fundamental safety procedures to follow on the trail, procedures to follow if lost, proper health and sanitation procedures on the trail, rules governing land to be hiked, potential high-risk areas, and fire precautions.~~
- ~~5. Each hiker/camper must be equipped with clothing that protects against natural elements such as rain, snow, wind, cold, heat, sun, and insects.~~
- ~~6. A first aid kit must be taken on all trips. The contents of each kit must be adequate for the number of school-age children, the terrain, and the length of the hike.~~

~~H. Bicycling~~

- ~~1. The bicycling supervisor must be at least 21 years of age; be familiar with state laws about bicycling on public roads; be knowledgeable about bicycling in the mountains, if applicable; and must hold a current Department approved first aid and safety certificate that includes CPR for all ages of children.~~
- ~~2. A bicycling supervisor and staff adequate to meet the staff-child ratio must accompany children on each bicycle trip. There must be at least 1 staff or supervisor for each 10 school age children in the bicycling group.~~
- ~~3. The bicycle supervisor must evaluate each child as to physical capability to participate in planned bicycling trips based on the trip length and difficulty of terrain.~~
- ~~4. Each child's bicycle must be adjusted to the size of the child and must be equipped with brakes in good condition.~~
- ~~5. Children must be instructed as to emergency procedures on the road and safe riding practices. The practices must include riding on the right side of the road, riding in single file, and maintaining four bike lengths between bicycles.~~
- ~~6. Staff members and children must wear head protection when riding bicycles.~~
- Rev. 11/1/01 7. A bicycle repair kit and first aid equipment must be taken on each trip.

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~~7.712.66 Additional Activities~~

~~If the center engages in special activities other than those for which regulations are found in Section 7.712.65, the center must develop and follow a written plan approved by the department that includes at least the following:~~

- ~~A. The qualifications of the supervisor of the activity.~~
- ~~B. The qualifications of any other staff members necessary for proper supervision of the activity.~~
- ~~C. The number of staff members needed to supervise the activity.~~
- ~~D. Conditions under which a child may participate in the activity, such as a minimum age or skill level.~~
- ~~E. Any special equipment necessary.~~

7.712.7 BUILDING AND FACILITIES

7.712.71 Facility Requirements

- A. The mobile school-age child care program and the outdoor-based school-age child care program may use as a gathering place a public park or playground if the program primarily includes field trips away from the gathering place. Such programs must have a contingency plan for facilities to use during inclement weather. The plan must be available to parents on a daily basis.
- B. If a room or rooms inside a building are used for indoor care, the following ratio must be maintained: open indoor play space of at least 30 square feet of floor space per child, including space for readily movable furniture and equipment. Indoor space is exclusive of kitchen, toilet rooms, office, staff rooms, hallways and stairways, closets, laundry rooms, furnace rooms, and space occupied by permanent built-in cabinets and permanent storage shelves.
- C. When a building is being used during the summer months by a center specifically as a gathering place at the beginning and end of the day, the 30 square feet requirement need not apply. The total amount of time during which the number of children present may exceed the 30 square feet requirement must not exceed 3 hours. This time must be divided evenly between the morning and the evening.

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7.719 **RULES REGULATING SPECIAL ACTIVITIES**
~~7.711.3~~ THESE RULES FOR SPECIAL ACTIVITIES SHALL APPLY TO SCHOOL-AGE CHILD CARE CENTERS, RESIDENTIAL CHILD CARE FACILITIES, AND CHILDREN'S RESIDENT CAMPS.

7.719.1 GENERAL PROVISIONS

~~7.711.31~~
Rev. eff.
7/1/00

A. There shall be a written program that reflects the purpose of the ~~camp~~ CHILD CARE FACILITY, including a list of activities at the ~~camp~~ CHILD CARE FACILITY. The written program must be provided to parents.

B. Parents shall be given the opportunity to indicate to ~~camp~~ CHILD CARE FACILITY staff ~~if~~ WHETHER they do not ~~with~~ WISH their child to participate in ~~an~~ A SPECIAL activity (see Section 7.711.61, A, 10).

Rev. eff.
11/1/98

C. Each phase of the ~~camp~~ CHILD CARE FACILITY program shall be under the supervision of a resident qualified staff member who shall be responsible for health and safety precautions. Verification of experience and/or certification shall be in the staff member's personnel files at the ~~camp office~~ CHILD CARE FACILITY.

Rev. eff.
7/1/00

D. If the ~~camp~~ CHILD CARE FACILITY participates in special activities other than those for which ~~regulations~~ RULES are found in this section, ~~for example~~ SUCH AS ballooning or winter camping, the ~~camp~~ CHILD CARE FACILITY shall develop and follow a written plan which includes at least the following:

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1. The qualifications of the supervisor of the activity.
2. The qualifications of any other staff members necessary for proper supervision of the activity.
3. The number of necessary staff members needed to supervise the activity.
4. Conditions under which a child may participate in the activity, such as age ~~of~~ or skill LEVEL of the child.
5. Any special equipment necessary, its supply and condition.

Add eff.
7/1/00

6. Access to medical treatment.
7. Development of an emergency plan.

E. PAINT BALL ACTIVITIES WHERE CHILDREN SHOOT PAINT BALLS AT OTHER CHILDREN ARE PROHIBITED AT A CHILD CARE FACILITY.

Rev. eff.
11/1/98

F. ~~E.~~ The staff member supervising special activities, ~~such as, but not limited to, horseback riding, hiking, rock climbing, riflery, canoeing, or aquatic events,~~ shall possess evidence of appropriate experience, training, and/or certification in the program specialty. Said staff member shall be present at the site of the activity whenever the activity is being carried out unless otherwise indicated in these ~~regulations~~ RULES.

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7.719.1 RULES REGULATING SPECIAL ACTIVITIES (continued)

~~7.711.31~~

G. ~~F.~~ The qualified supervising staff member of special activities shall have the following duties:

1. Direct training of other staff members working in the activity;
2. Assign duties to staff members;
3. Assure that all necessary equipment is complete, in good repair, and safe to use; and,
4. Assure that environmental hazards are not severe enough to cause danger to ~~campers~~ CHILDREN.

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Add eff.
7/1/00

H. ~~G.~~ Rules shall be reviewed with ~~campers~~ CHILDREN at the beginning of each activity.

I. ~~H.~~ First aid supplies shall be available at each special activity site.

J. THE STAFF TO CHILD RATIO FOR EACH TYPE OF FACILITY MUST BE FOLLOWED ACCORDING TO RULES FOR THAT FACILITY REGARDLESS OF ACTIVITY UNLESS THE RATIO IS DIFFERENT FOR THE SPECIFIED ACTIVITY IN WHICH CASE THE ACTIVITY STAFF TO CHILD RATIO SHOULD APPLY.

7.719.2 WATER ACTIVITIES

7.719.21

~~7.719.22~~

Rev. eff.
7/1/00

Swimming

- A. There shall be a swimming supervisor who, as a minimum, holds a current Red Cross life guard training certificate or equivalent, such as a YMCA or Boy Scout aquatics instructor's certificate. If the ~~camp~~ CHILD CARE FACILITY is offering swimming instruction, the swimming supervisor must also hold a Red Cross water safety instructor certificate or equivalent.
- B. At any time the swimming area is open, there shall be at the swimming area a staff member who holds at least a current life guard training certificate or equivalent for each thirty campers in the water. There shall be present at least one staff member for each ten ~~campers~~ CHILDREN in the water. THE LIFE GUARD DOES NOT COUNT IN THE STAFF TO CHILD RATIO FOR SUPERVISION OF CHILDREN.
- C. The swimming area shall be off limits when appropriate numbers of qualified staff members are not present.
- D. If the ~~camp~~ CHILD CARE FACILITY uses a pool for which the ~~camp~~ CHILD CARE FACILITY is not responsible, the ~~camp~~ CHILD CARE FACILITY need not provide a lifeguard if there is a qualified lifeguard provided by the pool. If the pool does not provide a qualified lifeguard, staff members meeting qualifications stated at Section ~~7.711.32~~ **7.719.2, B**, must be provided by the ~~camp~~ CHILD CARE FACILITY. There shall be at least one staff lookout counselor at the pool for each ten ~~campers~~ CHILDREN in the water.
- E. Swimming area rules and emergency procedures shall be posted in a visible location at the swimming area.
- F. The swimming pool or swimming area shall meet the standards of the Colorado Department of Public Health and Environment.

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7.719.21
~~7.711.32~~

Swimming (continued)

- G. If ~~campers~~-CHILDREN are permitted to swim in a lake or pond, swimming areas shall be clearly designated.
- H. Before ~~campers~~-CHILDREN are permitted to swim in deep water, swimming skills must be tested by properly trained staff members.
- I. There shall be a system known to child and lookout staff for checking the children when ~~campers~~-CHILDREN are in the water.

Rev. eff.
7/1/00

J. The following equipment must be available for use at the pool side or the lake shore in which swimming is permitted:

- 1. A rescue tube;
- 2. Reach pole; and,
- 3. Backboard.

K. Where the size of the body of water makes it impossible to reach victims by reach pole, rescue tube or other rescue device, a rescue boat must be available at all times.

Rev. eff.
11/1/98

L. If a ~~camp~~ CHILD CARE FACILITY has shoreline activities such as wading, fishing, ecology or nature studies, the ~~camp~~ CHILD CARE FACILITY shall have a written policy which defines qualifications of persons accompanying the group and safety factors to be followed. Staff members shall be acquainted with the policy.

Rev. eff.
7/1/00

M. In the case of a travel-trip camp, there shall be a minimum of one staff member who holds at least current Red Cross life guard training certificate OR EQUIVALENT who is responsible for all swimming activities.

7.719.22
~~7.711.33~~

Boating, Canoeing, Sailing, AND KAYAKING ON FLATWATER

- A. The boating supervisor shall hold, ~~as~~ AT a minimum:
 - 1. Current Red Cross life guard training certificate or equivalent; OR,
 - 2. Boy Scout certificate; ~~and a~~ OR,
 - 3. Basic small craft INSTRUCTOR, SMALL CRAFT SAFETY, OR PADDLE SAFETY certificate for the type of craft which is to be supervised; or,
 - 4. DOCUMENTATION OF EXPERIENCE INDICATING KNOWLEDGE AND SKILL IN TEACHING AND SUPERVISION SPECIFIC TO THE WATERCRAFT ACTIVITIES TO BE CONDUCTED.
- B. The boating supervisor, OR STAFF MEMBER EQUALLY QUALIFIED WHO HAS BEEN TRAINED BY THE BOATING SUPERVISOR, MUST BE ON SITE DURING THE ACTIVITY ~~shall have appropriate experience in the type of craft to be supervised, on the body of water in which the boating activity will take place, and in the intended use of the craft.~~

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7.719.22
~~7.711.33~~

Boating, Canoeing, Sailing, AND KAYAKING ON FLATWATER

- ~~C. B.~~ Other staff members shall have appropriate experience and training for the type of craft to be utilized.
- ~~D. G.~~ Whenever ~~campers~~ CHILDREN are on the water, they shall be wearing a United States Coast Guard approved personal flotation device appropriate to the weight of the child.
- ~~E. D.~~ There shall be a minimum of two lookout staff members at the shoreline and/or on the water at any time when ~~campers~~ CHILDREN are on the water in boating, canoeing, KAYAKING or sailing activities. Hazards such as the size of the lake, the skill of the ~~campers~~ CHILDREN, the conditions of the water, AND the temperature of the water shall be taken into account by the supervisor of the activity when determining the number and location of lookout staff necessary with the ~~campers~~ CHILDREN, but there shall never be fewer staff with the ~~campers~~ CHILDREN than those required at Section 7.711.23, D.
- ~~F. E.~~ EXCEPT FOR KAYAKING, there shall be a staff member in any boat which holds one or more ~~six- or seven-year-old campers~~ CHILDREN UNDER SEVEN YEARS OLD.
- ~~G. F.~~ At no time shall the occupancy of the craft exceed the capacity established for the craft by the United States Coast Guard standards.
- ~~H. G.~~ There shall be a warning device, such as a loud whistle, air horn, or other audible signal device, which can readily be heard ~~or seen~~ by persons on the water that indicates the need for ~~campers~~ CHILDREN and staff to return to the ~~campsite~~ FACILITY.
- ~~I. H.~~ Where the size and depth of the body of water indicates, there shall be a rescue boat in close proximity to where the activity takes place. This rescue boat shall be in good repair and shall contain APPROPRIATE EQUIPMENT, SUCH AS a rescue tube, ~~and~~ reach pole, extra oar, or paddle.
- ~~J. I.~~ Water craft shall not enter a swimming area when swimmers are in the water.

Rev. eff.
7/1/00

7.719.23
~~7.711.38~~

Boating, Canoeing, Tubing, and Kayaking on CLASS I OR II Moving Water

- A. THE BOATING SUPERVISOR SHALL HOLD, AT A MINIMUM:
 - 1. CURRENT RED CROSS LIFE GUARD TRAINING CERTIFICATE OR EQUIVALENT; OR,
 - 2. BOY SCOUT CERTIFICATE; OR,
 - 3. BASIC SMALL CRAFT INSTRUCTOR CERTIFICATE FOR THE TYPE OF CRAFT WHICH IS TO BE SUPERVISED; OR,

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7.719.23 Boating, Canoeing, Tubing, and Kayaking on CLASS I OR II Moving Water (continued)

~~7.711.38~~

4. DOCUMENTATION OF EXPERIENCE INDICATING KNOWLEDGE AND SKILL IN TEACHING AND SUPERVISION SPECIFIC TO THE WATERCRAFT ACTIVITIES TO BE CONDUCTED.

B. THE BOATING SUPERVISOR MUST BE ON SITE DURING THE ACTIVITY.

Add eff. ~~C.-A.~~ CHILDREN campers shall only canoe, tube, or kayak on Class II or less water.
7/1/00

~~D.-B.~~ Supervising staff must be experienced and knowledgeable about the river being used, including the height and speed of the river.

Add eff. ~~E.-C.~~ The camp CHILD CARE FACILITY must have a written policy on evaluating the safety of the river. Supervising staff must be trained on the policy.
7/1/00

~~F.-D.~~ Each camper CHILD shall wear a Unites States Coast Guard approved personal flotation device whenever they are on the moving water.

~~G.-E.~~ The supervisor of this activity shall be trained in Red Cross STANDARD community first aid and safety, and CPR have appropriate experience in the type of craft to be supervised, on the body of water in which the boating activity will take place, and in the intended use of the craft.

~~H.-F.~~ The supervisor shall be familiar with rescue techniques with canoes, kayaks, and tubes on moving water and shall train campers CHILDREN in these techniques.

~~I.-G.~~ Rescue equipment appropriate to the activity shall be available, such as rope throw bag and rescue tubes.

~~7.711.39~~ 7.719.24 White Water Rafting on Class III and IV Rivers (Classes of rivers are those as defined by the International Scale of River Difficulty)

Rev. eff. A. If the camp CHILD CARE FACILITY operates white water rafting, the camp CHILD CARE FACILITY must be licensed by the Division of Parks and Outdoor Recreation as a river outfitter.
11/1/98

B. If a camp CHILD CARE FACILITY provides a white water rafting experience by purchase from a river outfitter, the license of the outfitter must be valid.

~~C.~~ There shall be sufficient food storage, adequate to keep food dry and large enough to store food for the size of the raft and the length of the trip.

~~D.~~ Waterproof dunnage bags shall be provided for passengers and shall be secured to the raft.

Rev. eff. ~~E.~~ Anytime a camper is to be near the water, the camper shall wear a United States Coast Guard approved personal flotation device.
7/1/00

~~F.~~ A camper shall be at least 12 years old and 50 pounds to ride a paddle raft in a Class III river. A camper shall be at least 14 years old to ride a paddle raft in a Class IV river.

~~G.~~ A camper shall be at least 10 years old and 50 pounds to ride an oar raft in a Class III river. A camper shall be at least 14 years old to ride an oar raft in a Class IV river.

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7.719.3 ARCHERY AND RIFLERY

7.719.31 Archery
~~7.711.34~~

Rev. eff. 11/1/98 A. The archery supervisor shall ~~be an experienced archer~~ HAVE CERTIFICATION, DOCUMENTED TRAINING OR EXPERIENCE FROM A RECOGNIZED ORGANIZATION OR CERTIFYING BODY FOR THE TYPE OF ACTIVITIES OFFERED.

B. The archery range shall be free from hazards and well-marked. There shall be a clear path to the target which is not obstructed by such things as rocks, trees or branches. Traffic, trail, or other camp activities shall not be placed in the direction of the flight of the arrows.

Rev. eff. 7/1/00 C. Equipment shall be maintained in safe condition. Bows and arrows shall be inspected for fractures, splinters or cracks before each use. Damaged bows and arrows shall not be utilized.

Rev. eff. 11/1/98 D. Equipment shall be stored under lock and key when not in use. Bows and arrows shall be used only in the specified archery area.

~~E. †~~ If the ~~camp~~ CHILD CARE FACILITY has field archery, a procedure shall be established and posted to provide for the safety of the archers, including issuance of arrows at check-in point of the archery trail, check in of archer at the beginning of the archery trail, and check out when archer has completed the trail.

F. THE ARCHERY SUPERVISOR OR A STAFF PERSON TRAINED AND AUTHORIZED BY THE ARCHERY SUPERVISOR MUST BE PRESENT AT ALL TIMES WHEN CHILDREN ARE PRESENT AT THE ARCHERY RANGE OR FIELD.

~~G. †~~ All archers shall use the same firing line. Arrows shall be issued only at the firing line.

~~H. †~~ Arrows shall be nocked to bow string after shooters are on the firing line and after the signal to shoot has been given.

~~I. †~~ Before arrows are released, shooters shall have a definite target.

Rev. eff. 7/1/00 J. ~~H.~~ Movement must be controlled by a supervising staff member. All persons must stay behind the firing line until the signal to retrieve arrows is given. All arrows shall be retrieved at the same time.

7.719.32 Riflery
~~7.711.35~~

Rev. eff. 7/1/00 A. The riflery supervisor shall hold a National Rifle Association instructor's or assistance instructor's certification in rifle shooting or equivalent certification from a national organization or shall have verified experience equivalent to that necessary to obtain the National Rifle Association Fire Arm certification.

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7.719.32

Riflery (continued)

~~7.711.35~~

Add eff.

7/1/00

B. If the riflery supervisor is not present at the rifle range whenever children are firing guns, the staff person(s) trained by the riflery supervisor must be present at all times when ~~campers~~ CHILDREN are present.

Rev. eff.

11/1/98

C. The rifle range shall be free from all hazards, away from other activities and traffic of any type; shall be well marked with danger signs or flags; all blind approaches shall be fenced or blocked off.

D. The range shall be constructed with an appropriately designed bullet-stop so that all bullets will be stopped behind the targets. The bullet-stop shall be free of trees, rocks, boulders, or other objects which may cause a bullet to ricochet away from the bullet-stop.

Rev. eff.

7/1/00

E. There shall be a well-defined firing line which shall be level with the targets and elevated off the ground. A minimum space of five feet between firing points shall be established or firing points separated by a permanent divider. Targets must be designed to minimize potential for ricochet. Targets cannot depict human form.

F. Only the following types of guns shall be permitted:

1. .22 caliber rimfire, single-shot, bolt-action rifles having no trigger modification other than the factory setting.
2. Pneumatic spring-type and CO₂ air guns may be either .22 caliber or .177 (BB size).

G. Proper condition of the firearms shall be maintained by inspection before and after usage, cleaning as necessary. Firearms that do not function properly shall be repaired and tested before usage.

Rev. eff.

11/1/98

H. Instruction on the use of firearms shall be presented to the ~~campers~~ CHILDREN prior to the use of the rifle range.

Rev. eff.

7/1/00

I. No more than five cartridges at a time shall be distributed to a ~~camper~~ CHILD by the responsible supervising staff member and issued only at the firing line.

Rev. eff.

11/1/98

J. Firing shall be permitted at the firing line only. Observers shall remain behind firing line.

K. Actions of uncased firearms shall be kept open except when on firing line ready to fire.

L. All firearms shall be unloaded immediately upon the command "cease firing" regardless of when this command is given. Actions shall remain open until further commands are given.

Rev. eff.

7/1/00

M. On ranges where shooters must go down range to change targets and score, movement must be controlled by the supervising staff member.

N. All spent or unspent cartridges must be returned to the supervising staff member.

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7.719.4
~~7.711.36~~

HORSEBACK RIDING

- A. The horseback riding supervisor shall have completed at least one of the following:
 - 1. Certificate from nationally recognized organization or riding school.
 - 2. Written verification of successful experience in formal horseback riding instruction.

- Rev. eff. 11/1/98 B. The horseback riding supervisor shall train a sufficient number of ~~camp~~ CHILD CARE FACILITY riding staff members in the supervision of children in the horseback riding program for the anticipated size of the riding program.

- Rev. eff. 7/1/00 C. ~~Camp~~ CHILD CARE FACILITY riding staff shall be trained by the horseback riding supervisor in emergency procedures appropriate to the horseback riding activity.

- D. At least two trained riding ~~camp~~ CHILD CARE FACILITY staff members, one of whom holds a current American Red Cross STANDARD ~~community~~ first aid and safety certificate or equivalent, shall accompany each trail excursion. If the horseback ride is more than one hour from emergency medical services, at least one staff member shall be trained in wilderness first aid training. If the horseback ride is for seven or more nights and is more than one hour away from emergency medical services, there must be at least one staff member with each group of children with wilderness first responder training, C.P.R., and medication administration training. If more than twenty ~~campers~~ CHILDREN participate in the trail excursion, there shall be a trained riding ~~camp~~ CHILD CARE FACILITY staff member assigned for each additional ten or fewer riders.

- E. First aid supplies shall be carried on each trail excursion and available at each horseback riding ring/arena.

- Rev. eff. 11/1/98 F. No person is allowed in the riding area unless the horseback riding supervisor or a trained riding ~~camp~~ CHILD CARE FACILITY staff member is present.

- Rev. eff. 7/1/00 G. The riding supervisor shall determine the ~~camper's~~ CHILD'S riding experience and level of skill and must take these into account in assigning which horse each ~~camper~~ CHILD should ride and determining the type of riding activity in which each ~~camper~~ CHILD should engage. ~~Campers~~ CHILDREN shall be given instruction in basic safety, which shall include at least the following: riding rules in the ring and on the trail, how to approach, mount and dismount.

- H. ~~Campers~~ CHILDREN shall be appropriately dressed for riding, which shall include shoes or boots and long pants. The riding supervisor must evaluate the footgear of each ~~camper~~ CHILD and make the stirrups safe for each ~~camper's~~ CHILD'S shoe or boot.

- Add eff. 7/1/00 I. Protective head gear/helmets are mandatory for ~~campers~~ CHILDREN ring riding and ON trail rides. ~~except protective head gear/helmets are optional for walking trail rides where the owners of the camp have raised their own horses, know the history and temperament of the horses, and are directly involved in the horseback riding program.~~

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7.719.4
~~7.711.36~~

HORSEBACK RIDING (continued)

- J. Parents must be notified in advance of what type of protective gear is used by the ~~camp~~ CHILD CARE FACILITY. If ~~campers~~ CHILDREN bring helmets from home, they must be SPECIFICALLY DESIGNED FOR EQUESTRIAN USE, worn correctly, AND IN GOOD CONDITION.
- Rev. eff. 7/1/00 K. The horseback riding equipment shall be in good condition, properly sized, and adjusted for each rider.
- Rev. eff. 11/1/98 L. The horse barn or stable, ring, and commonly used trail(s) shall be in good repair and free of dangerous obstructions.
- M. Horses shall be cared for with evidence of an adequate feeding schedule and a means to care for sick horses.
- Rev. eff. 7/1/00 N. Horses shall not be permitted in the other designated activity areas.

7.719.5
~~7.711.37~~

TRAMPOLINE

- A. The trampoline supervisor shall have documented formal training and experience in use of trampoline and knowledge of safety and spotting techniques.
- Rev. eff. 11/1/98 B. Trampolines shall be equipped with pads along the sides and shall be kept in good repair.
- Rev. eff. 7/1/00 C. No person shall be on the trampoline unless a trampoline supervisor is present and spotters are present on all four sides of the trampoline.
- D. Trampolines shall be secured from unauthorized use by any person.
- Rev. eff. 11/1/98 E. The ~~camper~~ CHILD shall dismount the trampoline by sitting on the edge and sliding off. No ~~camper~~ CHILD shall jump off the trampoline.
- F. Spotters shall be posted on four sides of each trampoline at all times. Spotters shall not stand, sit, or lie on trampoline, but shall stand in a position of readiness, watching the jumper at all times.

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7.719.6 CLIMBING ACTIVITIES

7.719.61 Rock Climbing and Ropes Courses
~~7.711.40~~

Rev. eff.
7/1/00

A. When a ~~camp~~ CHILD CARE FACILITY offers basic/single-pitch rock climbing or advanced/multi-pitched climbing, which includes such topics as the care and use of basic equipment, knots, anchors and belays, verbal signals, safety measures, basic climbing holds and moves, and techniques of rappelling, the following ~~regulations~~ RULES must be complied with:

1. The climbing supervisor shall:
 - a. Be at least ~~20~~ 18 years old;
 - b. HAVE CERTIFICATION OR DOCUMENTED EXPERIENCE IN KNOTS, ANCHORS, SAFETY ZONES, VERBAL SIGNALS, BELAYING, REPELLING AND SAFE TIE-INS, OR TRAINING OR EXPERIENCE FROM A RECOGNIZED ORGANIZATION, SUCH AS THE ASSOCIATION FOR CHALLENGE COURSE TECHNOLOGY OR CERTIFYING BODY FOR THE TYPE OF ACTIVITIES OFFERED; AND,
 - c. HAVE AT LEAST SIX WEEKS' EXPERIENCE IN A MANAGEMENT OR SUPERVISORY CAPACITY IN SIMILAR TYPES OF PROGRAMS.
2. A climbing instructor shall ~~be at least 18 years old~~ HAVE VERIFIED KNOWLEDGE OF TECHNICAL CLIMBING BY COMPLETION OF A COURSE OR CLIMBING SCHOOL, OR A MINIMUM OF TEN HOURS OF INSTRUCTION.
3. At least two climbing instructors must be present at the climbing site at all times.
4. There shall be a ONE climbing instructor for each ~~five~~ SIX (6) climbers OR TWO CLIMBING INSTRUCTORS FOR THIRTEEN (13) CHILDREN.
5. There shall be a staff member who holds at least a current Red Cross STANDARD ~~community~~ first aid and safety certificate or equivalent at the rock climbing site.
6. First Aid supplies, put together by a person knowledgeable in First Aid supplies needed for climbing activities and possible injuries, shall be present at the climbing site.
7. No child shall be forced to participate in this activity.
8. The climbing supervisor shall be responsible for the proper maintenance of all equipment used. Equipment shall be checked by the supervisor immediately prior to use.

Add eff.
7/1/00

Rev. eff.
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7.719.61 Rock Climbing and Ropes Courses (continued)
~~7.711.40~~

- 9. All rock climbing equipment shall meet industry standards and shall be maintained, visually and physically inspected, and replaced on a timely basis.
- 10. Climbers must wear helmets at all times WHEN IN DESIGNATED HELMET ZONES.

Add eff. 7/1/00 11. The ~~camp~~ CHILD CARE FACILITY ~~will~~ SHALL not permit an unsupervised climb.

~~B. If the camp offers basic/single pitch rock climbing and rappelling, the following regulations shall also be complied with:~~

- ~~1. The climbing supervisor and the climbing instructor shall have verified knowledge of technical climbing by completion of a course, climbing school, or a minimum of ten hours of instruction.~~
- ~~2. A climbing instructor or climbing supervisor must be present when campers are participating in basic rock climbing.~~
- ~~3.~~ **12.** The climbing supervisor must have knowledge of where the climb is to occur and must give approval on the day of the climb for the climb to occur.

- Add eff. 7/1/00
- ~~13.~~ **4.** Each rock climber must be visually supervised.
 - ~~14.~~ ~~5.~~ ~~Campers~~ CHILDREN waiting to climb ~~MUST~~ may be supervised by a ~~counselor~~ STAFF MEMBER.
 - ~~15.~~ ~~6.~~ All climbers AND RAPPELLERS shall be belayed in a top rope manner by a climbing supervisor, climbing instructor or a trained staff belayer. ~~During rappelling a belay must be used~~ BELAYER THAT HAS BEEN INSTRUCTED IN PROPER PROCEDURES, AND DIRECTLY SUPERVISED UNTIL COMPETENCY HAS BEEN DEMONSTRATED.

- Rev. eff. 7/1/00
- ~~B. C.~~ If the ~~camp~~ CHILD CARE FACILITY offers advanced/multi-pitched climbing, the following ~~regulations~~ RULES shall also be complied with:
- 1. The climbing supervisor ACCOMPANYING PARTICIPANTS shall:
 - ~~a.~~ Hold a current Red Cross STANDARD ~~community~~ First Aid and safety certificate or equivalent and a current certificate for cardiopulmonary resuscitation;
 - ~~b.~~ ~~shall~~ Have been an instructor, under supervision, for two seasons with verifiable experience and a review of any serious accidents;

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7.719.61 Rock Climbing and Ropes Courses (continued)
~~7.711.40~~

- ~~c.~~ ~~shall~~ Have completed a technical climbing school or training in technical climbing with evidence by letter of such completion;
 - ~~d.~~ ~~shall~~ Have led ten additional multi-pitched Class V climbs (the classification of the climbs as defined by the American Alpine Club) within the last two years; and,
 - ~~e.~~ ~~shall~~ Have knowledge of mountain rescue techniques. If the climb is more than SIXTY (60) minutes from emergency medical services, the climbing supervisor must hold a current wilderness First Aid training certificate or equivalent.
- 2. The climbing instructor or the rope leader shall have:
 - ~~a.~~ The same training as the climbing supervisor;
 - ~~b.~~ ~~shall have~~ Been an instructor, under supervision, for one season with verifiable experience and a review of any serious accidents;
 - ~~c.~~ ~~shall have~~ Completed a technical climbing school or training in technical climbing;
 - ~~d.~~ ~~shall have~~ Led five additional multi-pitched climbs; and,
 - ~~e.~~ ~~shall have~~ Knowledge of mountain rescue techniques. No instructor shall take campers on a climb he/she has not completed previously.
- 3. No ~~camper~~ CHILD will be the rope leader.
- 4. A ~~camper~~ CHILD who is permitted to participate in the climb must be at least THIRTEEN (13) years old. The climbing supervisor shall assess the ability of the ~~camper~~ CHILD as to the difficulty of the climb.
- 5. The climbing instructor and climbing site must be approved by the climbing supervisor for each climb.
- 6. The climbing supervisor, ~~or~~ an equally qualified person, OR TWO (2) EQUALLY QUALIFIED ROPE LEADERS shall be present at the climb site.
- 7. There shall be one rope leader that is at least EIGHTEEN (18) years of age to each three climbers in an extended climb.
- 8. First aid equipment must be carried with the staff on each climb.

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7.719.61 Rock Climbing and Ropes Courses (continued)

~~7.711.40~~

Add eff.

7/1/00

C. D. If the ~~camp~~ CHILD CARE FACILITY offers high and/or low ropes courses OR A CLIMBING WALL, the following ~~regulations~~ RULES must be complied with at all times:

1. The rope supervisor must have training and experience on the type of rope course OR CLIMBING WALL being used and must hold a current STANDARD ~~community~~ first and safety certificate OR, IF THE ROPES COURSE OR CLIMBING WALL IS MORE THAN SIXTY (60) MINUTES FROM DEFINITIVE CARE, MUST HOLD A WILDERNESS FIRST AID CARD.
2. The rope instructor must have training and experience on the type of rope course OR CLIMBING WALL being used and must be supervised by the rope supervisor and must hold a current STANDARD ~~community~~ first aid and safety certificate OR, IF THE ROPES COURSE OR CLIMBING WALL IS MORE THAN SIXTY (60) MINUTES FROM DEFINITIVE CARE, MUST HOLD A WILDERNESS FIRST AID CARD.
3. ROPES COURSES MUST HAVE WRITTEN EVIDENCE OF ANNUAL INSPECTION BY QUALIFIED ASSOCIATION OF CHALLENGE COURSE TECHNOLOGY (ACCT) PERSONNEL OF COURSE ELEMENTS FOR INTEGRITY OF ALL HARDWARE, MATERIALS, AND EQUIPMENT.
- ~~4. 3-~~ Ropes courses must be inspected ~~annually by knowledgeable personnel~~ REGULARLY BEFORE USE BY THE ROPE SUPERVISOR OR THE ROPE INSTRUCTOR.
5. ALL EQUIPMENT AND ELEMENTS OF A ROPE COURSE OR CLIMBING WALL MUST BE SAFETY CHECKED PRIOR TO EACH USE AND HAVE WRITTEN RECORDS OF REGULAR INSPECTION AND MAINTENANCE OF ALL EQUIPMENT AND ELEMENTS UTILIZED.
- ~~4.~~ Bolts must be tight and cables must be in good condition at all times.
- ~~5.~~ Ropes courses must be inspected regularly before use by the rope supervisor or the rope instructor.
- ~~6.~~ The integrity of all the trees in the ropes course must be inspected regularly.
- ~~7.~~ Ropes, cables, and bolts shall be maintained, visually and physically inspected, and replaced on a timely basis.
- ~~6. 8-~~ Campers CHILDREN must wear SAFETY EQUIPMENT APPROPRIATE TO THE SIZE OF THE CHILD AND APPROPRIATE helmets when using the high ropes course OR CLIMBING WALL.

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~~7.711.40~~

- ~~7. 9-~~ At all times, there must be a rope supervisor or rope instructor on the ropes course with ~~campers~~ CHILDREN.
- ~~8. 10-~~ Ropes courses AND CLIMBING WALLS must be off limits to ~~campers~~ CHILDREN when a rope supervisor or rope instructor is not present.
- ~~9. 11-~~ Access to ropes courses AND CLIMBING WALLS must be controlled by education, signs, and whatever other means are necessary to control unsupervised access.
- ~~10. 12-~~ The ~~camp~~ CHILD CARE FACILITY must have written safety procedures for use of the ropes course(s) AND CLIMBING WALL. Staff must be trained on the safety procedures.

7.719.7 HIKING, BACKPACKING, AND CAMPING

~~7.719.71~~ Hiking or ~~Backpacking~~

~~7.711.41~~
 Rev. eff.
 7/1/00

If the ~~camp~~ CHILD CARE FACILITY offers hiking or ~~backpacking~~ activities, the following ~~regulations~~ RULES shall be complied with:

- A. The hiking or ~~backpacking~~ supervisor must hold a current Red Cross STANDARD Community First Aid and safety certificate or equivalent; shall have knowledge of outdoor experience and the symptoms and correct treatment procedures for hypothermia and dehydration; and, shall have verifiable experience in hiking and backpacking at the elevation where the hike is to take place.
- B. The ~~counselors~~ STAFF MEMBERS involved in hiking or ~~backpacking~~ shall be trained by the supervisor ~~shall have knowledge of the symptoms of hypothermia and dehydration and correct treatment procedures~~; and shall continually observe and monitor campers on the trail for early diagnosis and treatment OF INJURY OR ILLNESS.
- C. When a group takes a HIKE ~~hiking or backpacking trip~~ within 60 ~~hiking~~-minutes of DEFINITIVE MEDICAL CARE ~~the permanent resident camp, where children may be away from the camp for up to six nights~~, there must be at least one staff member currently qualified with Red Cross STANDARD Community First Aid and safety training certificate or equivalent, CURRENT CPR CERTIFICATE, and current training in the Department required and approved medication administration training.
- D. When a group takes a hiking or backpacking trip where children are either more than 60 ~~hiking~~ minutes away from DEFINITIVE MEDICAL CARE ~~the permanent resident camp and/or are away from the camp for seven or more nights~~, there must be at least one staff member with each group of children with current wilderness first aid training or equivalent, current CPR training, and current medication administration training.

Rev. eff.
 7/1/00

Add eff.
 7/1/00

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- 7.719.71
7.711.41 Hiking or Backpacking (continued)
- E. ~~When a group takes a hiking or backpacking trip where children are away from camp for seven or more nights and are more than one hour away from emergency medical services, there must be at least one staff member with each group of children with wilderness first responder training, CPR, and medication administration training. AT LEAST TWO (2) STAFF MEMBERS MUST ACCOMPANY A GROUP ON HIKES. FROM TIME TO TIME, HIKING GROUPS MAY DIVIDE UP AS LONG AS HIKERS ARE ALWAYS WITH ONE STAFF MEMBER AND STAFF MEMBERS ARE IN VISUAL, VERBAL OR ELECTRONIC (RADIO OR WIRELESS COMMUNICATION) CONTACT WITH EACH OTHER.~~
- Rev. eff. 11/1/98 F. ~~The IN SELECTING THE AREA FOR hiking, THE HIKING or backpacking supervisor shall consider the hiker's age, physical condition and experience, as well as the season, weather trends, METHODS OF evacuation, and communication, water quality and quantity in selecting the area for hiking or backpacking.~~
- Rev. eff. 7/1/00 G. Before participation, ~~in a hiking or backpacking activity, the campers~~ CHILDREN MUST BE INSTRUCTED ~~shall have a safety orientation and be instructed at least on:~~
- ~~1. The fundamental safety procedures TO FOLLOW on the trail;~~
 - ~~2. Procedures TO FOLLOW for a hiker if he/she becomes IF lost;~~
 - ~~3. Proper health AND SANITATION procedures including the need for drinking fluids and eating appropriate foods while on the trail;~~
 - ~~4. Sanitation procedures on the trail;~~
 - ~~4. 5. Rules governing land to be hiked over;~~
 - ~~5. -6. Potential high-risk areas which may be found on the trail; AND,~~
 - ~~6. 7. Fire danger precautions; flash floods; lightening dangers; and,~~
 - ~~8. Procedures when encountering wild animals.~~
- Rev. eff. 7/1/00 H. Each hiker/~~backpacker~~ shall be equipped with protective clothing against natural elements such as rain, snow, wind, cold, sun, and insects.
- I. First aid supplies, put together by a person knowledgeable in first aid supplies needed for ~~hiking and backpacking activities and possible accidents and/or injuries,~~ shall be present on each hike ~~or backpacking trip~~. The contents of each kit shall be adequate for the number of ~~campers~~ CHILDREN, the terrain, and the length of the hike ~~or backpacking trip~~.
- Add eff. 7/1/00 J. An itinerary of the hiking ~~or backpacking~~ trip and a list of all people on the hike ~~or backpacking trip~~ must be kept at the ~~resident camp~~ CHILD CARE FACILITY.
- K. The ~~camp~~ CHILD CARE FACILITY must have written safety procedures for hiking ~~and backpacking~~, including the written protocol for evacuating a ~~camper~~ CHILD that becomes sick or injured on a hike ~~or backpacking trip~~. Staff and ~~campers~~ CHILDREN must be trained on the safety procedures and protocol.

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COLORADO DEPARTMENT OF HUMAN SERVICES
STAFF MANUAL VOLUME 7
SOCIAL SERVICES

7.719.72 BACKPACKING AND CAMPING

- A. THE BACKPACKING AND CAMPING SUPERVISOR SHALL HAVE KNOWLEDGE AND VERIFIABLE EXPERIENCE IN CAMPING AND/OR BACKPACKING AT THE ELEVATION WHERE THE BACKPACKING OR CAMPING WILL TAKE PLACE.
- B. WHEN A GROUP IS BACKPACKING OR CAMPING WITHIN SIXTY (60) MINUTES OF DEFINITIVE MEDICAL CARE, THERE MUST BE AT LEAST ONE STAFF MEMBER CURRENTLY QUALIFIED WITH RED CROSS STANDARD FIRST AID TRAINING CERTIFICATE OR EQUIVALENT, CURRENT CPR TRAINING, AND CURRENT TRAINING IN THE DEPARTMENT REQUIRED AND APPROVED MEDICATION ADMINISTRATION TRAINING.
- C. WHEN A GROUP IS BACKPACKING OR CAMPING WHERE CHILDREN ARE MORE THAN SIXTY (60) MINUTES AWAY FROM DEFINITIVE MEDICAL CARE, THERE MUST BE AT LEAST ONE STAFF MEMBER WITH EACH GROUP OF CHILDREN WITH CURRENT WILDERNESS FIRST AID TRAINING OR EQUIVALENT, CURRENT CPR TRAINING, AND CURRENT MEDICATION ADMINISTRATION TRAINING.
- D. IF A CHILD WILL REQUIRE MEDICATION ADMINISTRATION WHILE AWAY FROM THE CHILD CARE FACILITY WHILE BACKPACKING OR CAMPING, THERE MUST BE AT LEAST ONE STAFF MEMBER PRESENT WITH CURRENT MEDICATION ADMINISTRATION TRAINING WHO HAS BEEN DELEGATED BY A REGISTERED NURSE TO ADMINISTER MEDICATION.
- E. THE STAFF MEMBERS INVOLVED IN BACKPACKING OR CAMPING SHALL BE TRAINED BY THE SUPERVISOR AND SHALL CONTINUALLY OBSERVE AND MONITOR CHILDREN ON THE TRAIL FOR EARLY DIAGNOSIS AND TREATMENT OF INJURIES OR ILLNESS.
- F. THE BACKPACKING OR CAMPING SUPERVISOR SHALL CONSIDER THE HIKER'S AGE, PHYSICAL CONDITION, AND EXPERIENCE, AS WELL AS THE SEASON, WEATHER TRENDS, METHODS OF EVACUATION AND COMMUNICATION, AND WATER QUALITY AND QUANTITY IN SELECTING THE AREA FOR BACKPACKING OR CAMPING.
- G. CHILDREN SHALL HAVE A SAFETY ORIENTATION AND BE INSTRUCTED ON THE APPLICABLE PRECAUTIONS, SUCH AS:
 - 1. THE FUNDAMENTAL SAFETY PROCEDURES TO FOLLOW ON THE TRAIL;
 - 2. PROCEDURES FOR A HIKER IF HE/SHE BECOMES LOST;
 - 3. PROPER HEALTH PROCEDURES, INCLUDING THE NEED FOR DRINKING FLUIDS AND EATING APPROPRIATE FOODS;
 - 4. SANITATION PROCEDURES;

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7.719.72 BACKPACKING AND CAMPING (continued)

5. RELEVANT RULES AND REGULATIONS;
 6. POTENTIAL HIGH-RISK AREAS WHICH MAY BE FOUND ON THE TRAIL;
 7. FIRE DANGER PRECAUTIONS; FLASH FLOODS; LIGHTENING DANGERS; AND,
 8. PROCEDURES WHEN ENCOUNTERING WILD ANIMALS.
- H. CHILDREN SHALL BE ORIENTED TO MINIMUM IMPACT GUIDELINES AND TECHNIQUES.
- I. EACH CHILD SHALL BE EQUIPPED WITH PROTECTIVE CLOTHING AND EQUIPMENT AGAINST ANTICIPATED NATURAL ELEMENTS SUCH AS RAIN, SNOW, WIND, COLD, SUN, AND INSECTS.
- J. APPROPRIATE FIRST AID SUPPLIES SHALL BE PRESENT ON EACH TRIP. THE CONTENTS OF EACH KIT SHALL BE ADEQUATE FOR THE NUMBER OF CHILDREN, THE TERRAIN, AND THE LENGTH OF THE TRIP.
- K. AN ITINERARY OF THE TRIP WITH A LIST OF PARTICIPANTS MUST BE AVAILABLE TO PARENTS, STAFF, LOCAL POLICE JURISDICTIONS AND STAFF OR CONTRACTORS OF THE COLORADO DEPARTMENT OF HUMAN SERVICES.
- L. THE CHILD CARE FACILITY MUST HAVE WRITTEN SAFETY PROCEDURES FOR BACKPACKING OR CAMPING, INCLUDING THE WRITTEN PROTOCOL FOR EVACUATING A CHILD THAT BECOMES SICK OR INJURED.

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7.719.8
7.711.42
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BIKING

If a ~~camp~~ CHILD CARE FACILITY has bicycling trips either on a public road or on mountain trails, the following ~~regulations~~ RULES shall be complied with:

- A. The bicycling supervisor must be familiar with state laws about bicycling; be knowledgeable about the type of bicycling terrain where the bicycle trips will occur; be knowledgeable about bicycling in the mountains, if applicable; shall know how to make simple bicycle repairs; and, shall hold at least a current Red Cross STANDARD ~~Community~~ First Aid and safety certificate or equivalent.
- B. AT LEAST TWO (2) STAFF MEMBERS MUST ACCOMPANY A GROUP WHILE BIKING. FROM TIME TO TIME, BIKING GROUPS MAY DIVIDE UP AS LONG AS BIKERS ARE ALWAYS WITH ONE STAFF MEMBER AND STAFF MEMBERS ARE IN VISUAL, VERBAL OR ELECTRONIC (RADIO OR WIRELESS COMMUNICATION) CONTACT WITH EACH OTHER. A bicycling supervisor OR STAFF MEMBER EQUALLY QUALIFIED and ANOTHER QUALIFIED STAFF MEMBER ~~counselor~~ must accompany each bicycle trip. CORRECT STAFF TO CHILD ratios as ~~found at Section 7.711.23~~ must be complied with at all times. There must be one staff member at the beginning and end of each bicycle group.
- C. Each bicycler shall wear head protection and the bicycle shall be equipped with brakes in good condition. Bicycles shall be in good condition, properly maintained, inspected prior to each bicycling trip, and adjusted to the size of the ~~camper~~ CHILD riding the bicycle. CHILDREN USING THEIR OWN BICYCLES WILL BE INFORMED IN ADVANCE, IN WRITING, THAT THEIR BICYCLES MUST BE IN GOOD CONDITION, PROPERLY MAINTAINED, INSPECTED PRIOR TO EACH BICYCLING TRIP, AND ADJUSTED TO THE SIZE OF THE CHILD RIDING THE BICYCLE.
- D. AN APPROPRIATE bicycle repair kit and first aid equipment must be taken on each trip. The First Aid supplies must be put together by a person knowledgeable in first aid supplies needed for bike trips and possible accidents and/or injuries.
- E. The bicycling supervisor must instruct ~~campers~~ CHILDREN as to emergency procedures, safe riding practices, and road and trail etiquette.
- F. The bicycling supervisor shall evaluate each ~~camper~~ CHILD as to his/her physical capability to participate in the planned bicycling trip, keeping in mind the trip length, terrain, altitude of the trip, and weather conditions.
- G. Water/fluids must be taken on each bicycle trip.
- H. An itinerary of the biking trip and a list of all people on the biking trip must be kept at the ~~permanent resident camp~~ CHILD CARE FACILITY.
- I. The ~~camp~~ CHILD CARE FACILITY must have written safety procedures of bike trips, including the written protocol for evacuating a ~~camper~~ CHILD that becomes sick or injured on a bike trip. Staff and ~~campers~~ CHILDREN must be trained on the safety procedures and protocol.

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