

Songs and Singing II: Songs that Move

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ACA Camp Staff Training Day

June 4, 2011 in San Diego

June 11, 2011 in Los Angeles

Songs that Repeat, Dropping Words

(Words in italics are the ones that have motions and that you drop)

Bingo

Deep and Wide

Deep and wide, deep and wide
There's a *fountain flowing deep and wide*
Deep and wide, deep and wide
There's a *fountain flowing deep and wide*

Head, Shoulders, Knees and Toes

Head, shoulders, knees and toes, knees and toes,
Head, shoulders, knees and toes, knees and toes,
Eyes and ears and mouth and noes
Head, shoulders, knees and toes, knees and toes,

Little Peter Rabbit 1

Little Peter *Rabbit* had a *fly* upon his *nose*
Little Peter *Rabbit* had a *fly* upon his *nose*
Little Peter *Rabbit* had a *fly* upon his *nose*
And he *flipped it* and he *flipped it* till it *flew* away

Little Peter Rabbit 2

Little Peter *Rabbit* had a *cold* upon his *chest*
Little Peter *Rabbit* had a *cold* upon his *chest*
Little Peter *Rabbit* had a *cold* upon his *chest*
And he *rubbed it in* with *camphorated* oil

Spreading Chestnut Tree

Underneath the *spreading chest-nut tree*
There we sat, just *you and me*
With my *banjo* on my *knee*
Underneath the *spreading chest-nut tree*

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| Songs that Repeat, Getting Faster |
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Head, Shoulders, Knees and Toes**Do Your Ears Hang Low**

Do your ears hang low, do they wobble to and fro
 Can you tie them in a knot, can you tie them in a bow
 Can you throw 'em over your shoulder like a continental soldier
 Do your ears hang low, no no.

Chester

Oh, Chester have you heard of Harry
 Just got back from the army
 I hear he knows how to wear his clothes
 Hip hip hooray for the army

Waddily Acha (Los Angeles only)

Waddily acha, waddily acha, doodle-ee-doo
 Waddily acha, waddily acha, doodle-ee-doo
 Simplest song there isn't much to it, all you gottal do is doodle-ee-do it
 I like the rest, but the part I like best is doodle-ee doodle-ee doo

Farm Down in Iowa (Los Angeles only)

I was born on a farm down in Ioway
 A crazy youth who was bound to fly away
 Packed my bags and I took my sax-a-
 Phone, phone, rooti-toot-toot-toot

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| Songs that Repeat, adding words and motions |
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Austrian Yodeler (San Diego only)

Once an Austrian Went Yodeling on a mountain so high
 When along came a cuckoo bird interrupting his cry... O-lee-ah.....
 O-lee-ah keekee, O-lee-ah cuckoo / O-lee-ah kickee, O-lee-ah cuckoo
 O-lee-ah keekee, O-lee-ah cuckoo / O-lee-ah kickee, Ah O.

2 cuckoo birds-- O-lee-ah keekee, O-lee-ah cuckoo cuckoo...
 Saing Bernard-- O-lee-ah keekee, O-lee-ah cuckoo cuckoo, rfff rfff...
 Grizzely bear-- O-lee-ah keekee, O-lee-ah cuckoo cuckoo, rfff rfff, grrr (with hands like claws)
 Choo choo train-- O-lee-ah keekee, O-lee-ah cuckoo cuckoo, rfff rfff, grrr, toot toot (pull "handle")
 Skier-- O-lee-ah keekee... swshhhh (fingers make skiing motion)
 Airplane-- O-lee-ah keekee... make engine noise (arms make sing motion)
 Etc.

Songs that Repeat, with Great Big and Teeny Tiny

Itsy Bitsy Spider

Little Cabin in the Wood

Little cabin in the wood, little man by the window stood
Saw a rabbit hopping by, frightened as could be
HELP ME! HELP ME! HELP ME! said he, ere the hunter catches me
Come little rabbit, come with me, happy we will be

Activity Songs – moving around

If You're Happy and You Know It (Can sit down, stand up, etc.)

Punchinella (San Diego only)

What can you do, Punchinella funny fella
What can you do, Punchinella funny dear
Oh we can do it too, Punchinella funny fella
We can do it too, Punchinella funny dear

Whole Body, Standing up

Head, Shoulders, Knees and Toes

Father Abraham

Father Abraham had seven sons
Seven sons had Father Abraham
And they never laughed and they never cried
All they did was go like this --- right arm!

Repeat and add: left arm, right foot, left foot, heae, etc., etc., etc.

Grand Old Duke

Oh the grand old duke of York
He had ten thousand men
He marched them up to the top of the hill
And he marched them down again

Oh and when you're up you're up
And when you're down you're down
And when you're only half way up
You're neither up nor down